



Feasting on the Slow Story of Jesus

“We’re constantly entertained by stories, but rarely, if ever, nourished by them,” wrote Tyee Bridge in the Calgary Herald’s Swerve magazine. In an extensive article, Bridge laments the loss of the deep and nourishing ‘slow stories’ rich in archetypal image and mythic content, in favour of ‘fast food’ entertainment that is addictive, but offers only a short-lived sugar high. “This may lead to heart disease,” Bridge writes, “figuratively at least...”

It is not only the quality of stories we consume that is the issue, but also the time we need to properly digest them. We need “days when [we] allow what is already in [us] to swell up... until it touches everything... if [we] never take time out to let that happen, then [we] just accumulate facts, and they begin to rattle around inside [us].” Rather than rattling, Bridge goes on to quote folklorist Heinrich Zimmer to describe the aim of awakening “in ourselves the old ability to read with intuitive understanding this pictorial script, that at one time was the bearer of the spiritual sustenance of our own ancestors...”

The journey of our liturgical seasons in general and Holy Week in particular is a slow one, designed to allow time to digest a slow story of mythic proportion that offers spiritual sustenance to the weary, the rushed and the over-wrought. When we slow down and chew thoroughly, we begin to experience its significance for our lives as it sustains beyond a ‘sugar high,’ past our intellect, reasoning and understanding, and offers nutrients to our hearts and our bones.

This year, I encourage you to make the time to slow down and take in the story of Holy Week. From the celebration of Palm Sunday to Jesus’ quiet prayer in the garden of Gethsemane; from the expression of love and service through foot-washing and breaking bread in the upper room, on to the cross of Good Friday, Jesus’ passion is a story that feeds the soul.

“The intention of myths,” Bridge writes, “is to change us...” The story we live out in the words and actions of liturgy through Holy Week is one that promises to transform us to new life. After feasting on the slow story of Jesus, and taking time to digest it may you know the joy of new life on Easter Sunday.

March 28- April 4

palm sunday

8:30 am Eucharist at the Chapel
10:00 am Palm Procession with children &
Festive Eucharist at the Calgary Academy

holy week

MONDAY 7:30 p.m.
Traditional evening prayer with meditation

TUESDAY 7:30 p.m.
Contemporary evening prayer with meditation

WEDNESDAY 7:30 p.m.
Contemplative Taizé service

MAUNDY THURSDAY 7:30 p.m.
Choral Eucharist & Reflection,
with foot-washing, The Calgary Academy

good friday

11:00 am Good Friday Liturgy & Children’s
Program, The Calgary Academy

holy saturday

9:00 am – 4:00 pm Prayer Vigil at the Chapel

easter day

FESTIVAL of the RESURRECTION

8:30 am Easter Eucharist at the Chapel
10:00 am Festive Eucharist, Calgary Academy
Children’s Program, Nursery and Youth

THE LORD IS RISEN! ALLELUIA
HE IS RISEN INDEED! ALLELUIA

Welcome to Wardens & Vestry

On Sunday, February 7, 2010, at the Annual General Meeting, St. Martin's elected two new Wardens and four new Vestry members. Congratulations to the new Vestry team.

Wardens

Jeff Davidson 403-640-0503
Laurie McIntosh 403-242-0047
Sarah Wilson 403-244-7951

Vestry

Peter Heembrock 403-242-3072
Madeleine King 403-243-4899
Lorraine Mooney 403-249-7698
John Ramsay 403-932-5598
Danielle Wahl 403-698-6987
Ralph Wieler 403-697-1153

St. Martin's Men's Breakfast

Saturday May 1, 2010

At

The Church of the Good Shepherd
For more information contact
Jeff Davidson or Edgar Hulatt

Spring Tea

beginning with Holy Communion
followed by a great party



This annual event will be held Wednesday, April 21, 2:00pm at the Chapel at Knox Presbyterian.

Please feel welcome to come and serve or prepare a plate of sweets to share.

Did You Know...

The community will be growing on our land this spring and summer. St. Martin's is sponsoring the Springbank Hill Community Association (SHCA) by providing approximately 1,000 square feet for a community garden.

SHCA plans to build 20 moderately sized raised beds. Individuals from Springbank Hill or other communities can get a plot and raise plants of their choosing. A bed has been reserved for OneBody Youth. Produce from the youth's plot will be donated to the Calgary Interfaith Foodbank.

April 17 is planned as a work day to clear the land and build the beds. OneBody Youth will be there and their help is greatly appreciated. Help from other members of St. Martin's would also be appreciated. If you are interested in helping, please email Jeff Davidson at jefferydavidson@shaw.ca.

When St. Martin's is ready to build, the community garden will need to relocate. SHCA is seeking other sites.



Join OneBody for Vacation Bible School

The pirates are taking over and we need
your help!

Join the parishes of Good Shepherd, St. Laurence and St. Martin's for an exciting week of adventure full of food, fun and games.

For more information, or to register, contact Jill Thompson at St. Martin's Anglican Church

403.249.3014 or jillian_anna_@hotmail.com

Who: Elementary school aged children

What: Veggie Tales Pirate themed Vacation Bible School

When: Monday, July 5th – Friday, July 9th 9:00am-12:00pm

Where: Church of the Good Shepherd, 408 38th Street SW

Why: To learn about Jesus in a fun setting full of adventure!



St. Martin's Potluck Dinner

Saturday, May 15, 2010

At

the hall at Knox Presbyterian
(3704 37th Street SW)

For more information contact Marie Woolsey
(403) 251-9569 and check On the Move!



Youth Summer Camp

Sunday August 22nd to
Saturday August 28th

Come join the Anglican youth leaders from OneBody for a week of summer fun at Sojourners Summer Camp and Wilderness Society! Based at Whispering Pines on the edge of the Rockies, this week is packed full of fun and adventure.

There are plenty of hands needed to run a camp; if you are interested in volunteering your skills for the week, please contact Jill.